



ADVENTURE Is an Inside Job

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Are you experiencing any of the following symptoms:

A chronic sensation that new ideas and rampant creativity always abound elsewhere?
A troubling itch to be somewhere else, doing something else of genuine importance?
A growing sense of a life that seems increasingly more like a drudge than a dance?
A persistent ache in your soul that makes you wonder if you are living up to your highest potential?

If you answered yes to any of these questions, you may be suffering from A.D.D.

— Adventure Deficit Disorder !

The Remedy?

What constitutes adventure in my book is any intentional experience that substantially alters our perspective long enough to see things we have never seen before and to see familiar things in ways we have never before seen them. Adventure is a bucket of cold water thrown over our comfortably slumbering souls.