

## ————— EVERY PERSON’S BILL OF RIGHTS —————

1. The right to be treated with respect.
2. The right to have and express your own feelings and opinions.
3. The right to be listened to and taken seriously.
4. The right to set your own priorities.
5. The right to say “no” without feeling guilty.
6. The right to ask for what you want.
7. The right to get what you pay for.
8. The right to ask for information from professionals.
9. The right to make mistakes.
10. The right to choose not to assert yourself.