

“Who Moved My Cheese?”

by Spencer Johnson

Handwriting On The Wall-

- 1) Having cheese makes you happy.
- 2) The more important your cheese is to you, the more you want to hold on to it.
- 3) If you do not change, you can become extinct.
- 4) What would you do if you weren't afraid?
- 5) Smell the cheese often so you know when it is getting old.
- 6) Movement in a new direction helps you find new cheese.
- 7) When you move beyond your fear, you feel free.
- 8) Imagining yourself enjoying new cheese even before you find it, leads you to it.
- 9) The quicker you let go of old cheese, the sooner you find new cheese.
- 10) It is safer to search in the maze than remain in a cheeseless situation.
- 11) Old beliefs do not lead you to new cheese.
- 12) When you see that you can find new cheese, you change course.
- 13) Noticing small changes early helps you adapt to the bigger changes that are to come.
- 14) Move with the cheese and enjoy it!